



## Daily Update from Bishop Cherry 30<sup>th</sup> March

We enter another week with things continuing to change on a daily basis.

There are now an almost overwhelming number of opportunities for people to pray and worship together online; an extraordinary development in the church's activity and focus in just a few weeks. For times when online activity is quiet or for those who don't have access to the internet, the following prayer may bring comfort and strength. Please consider printing and delivering it to those whose access to communal prayer and worship is limited.

### **A Prayer of Spiritual Communion**

In union, O Lord with the faithful at every altar of your Church,  
where the Holy Eucharist is being celebrated,  
I desire to offer you praise and thanksgiving.  
I present to you my soul and body  
with the earnest wish that I may always be united to you.  
And since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
I unite myself to you,  
and embrace you with heart and mind and soul.  
Let nothing ever separate you from me.  
May I live and die in your love. Amen.

### **Hospital Chaplains**

Our Hospital Chaplaincy manager, Revd. Alan Tyler, asks that clergy let the team know if one of your parishioners is taken into hospital. They are mindful that clergy from the Diocese have been very good at pastoral visiting and they want to assure clergy and pastoral visitors that the chaplains are there to support and help in any way they can. Please would you ring the team on 01633 234263 giving:

Name of the patient

Address if known

The parish referring

In an emergency, please call 01633 234234 and ask them to page the duty chaplain.

Please don't forget to pray for our chaplains in hospitals and hospices who are also on the frontline of care and support to those ill and dying from coronavirus and are risking their lives doing so.

### **Christians Together**

Online, there are no denominational barriers. You may be interested in joining Cytun (Churches Together in Wales) which has issued a call to all Christians, of whatever denomination, to come together at 7pm on Sundays. More information is available on their website [www.cytun.co.uk](http://www.cytun.co.uk)

## **Foodbanks**

Many foodbanks are running short of essential supplies. Caldicot Foodbank is particularly badly hit. If you can help in any way, especially with breakfast foods, porridge, cereal bars, they would be very grateful. Their mobile number is 07925 285994

It is important to remember that foodbanks are the only access that many people have to basic food stuffs that most of us take for granted.

Thank you for all that you are doing to support one another across our communities and help us all stay connected, however small that may seem.

You remain in my prayers, as always

+Cherry